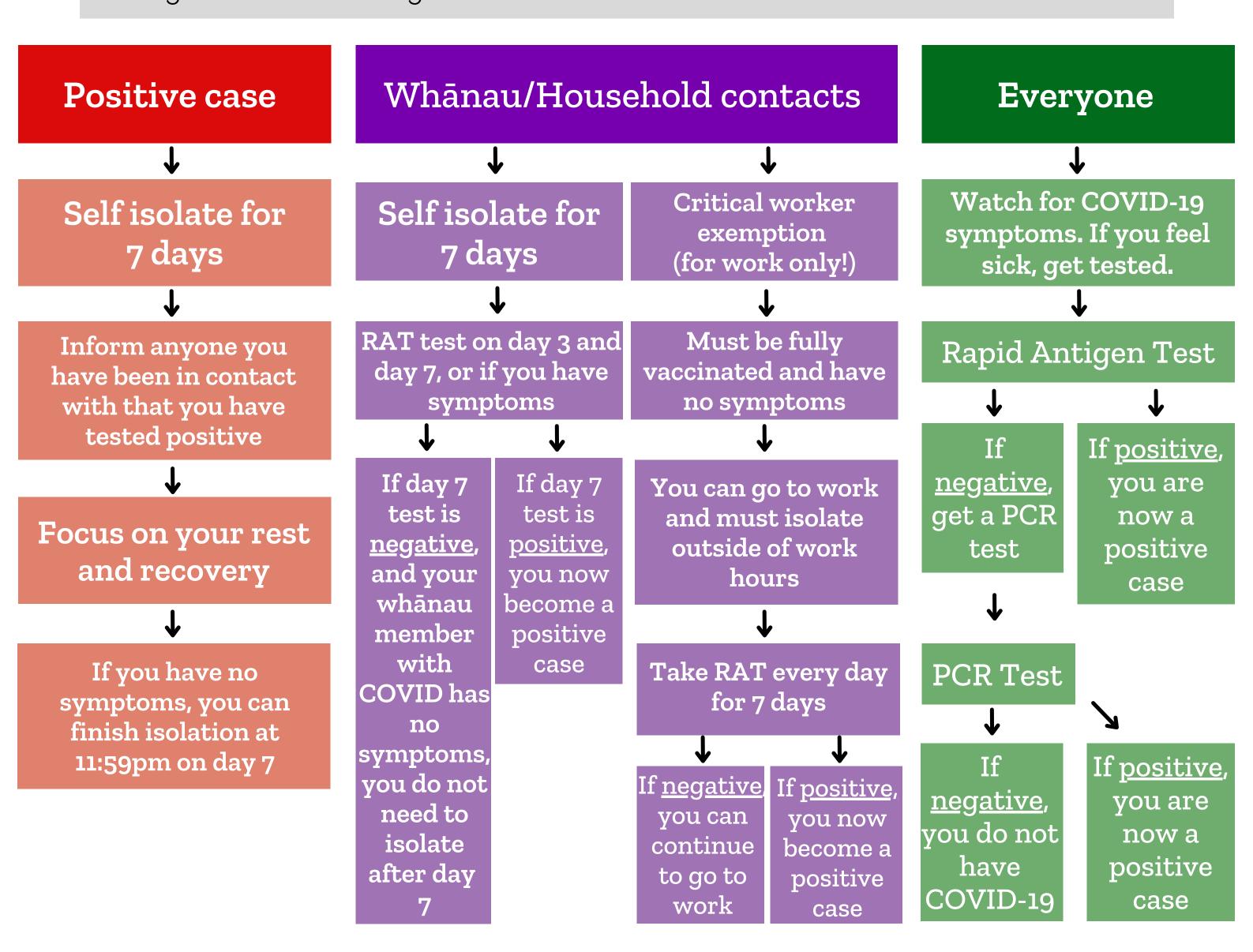
Covid-19 in Phase 3



Positive case: someone who tests positive for Covid-19

Household contact: the people who live in the same house as a positive case

All other contacts do not need to isolate, but should monitor for symptoms and get tested if feeling unwell.



Most of your healthcare can be managed by phone and online support.

You will have faceto-face health care if you need it. Rapid Antigen Test - results after 20 minutes
PCR test - results notified by text. You must stay at
home until you receive your results.

Household contacts will be advised how to access free RATs. RAT results must be submitted online at www.mycovidrecord.health.nz or phone 0800 222 478.